What Do I Want In The 7 Areas of N Biological	1Y Life?
Brain	
Physical	
Psychological	
Mental	
Emotional Health	
Thinking Patterns	
Relationships	
Self	
Children	
Significant Other	
Family / Friends	
Spiritual	
God	
Beliefs	
Professional	
Financial	
Personal Development	
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My perfect biological healthy life is:	
	
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My perfectly healthy psychological life is:	
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My personal relationship life looks like:	
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In my spiritual life i:	

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in my professional me i.	
In my professional life I:	

My perfect financially healthy lifestyle looks like:	
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What do I want to experience on my personal growth jou	rney?
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